



St. John's Health
P.O. Box 428
Jackson, Wyoming 83001
307-733-3636

Committee: Board of Trustees Special Meeting – Strategic Plan Community Session:
Public Session at The Wort Hotel

Meeting Date: August 7th, 2023

Minutes Prepared By: Morgan Gurney, Senior Executive Assistant

Members Present:

Katharine Conover-
Keller, Chair
Pam Cutler, MD, Vice Chair
Bruce Hayse, MD, Trustee
Brent Blue, MD Trustee
Evan Jones, Trustee

Members Absent:

Jim Hunt
Cynthia Hogan

Others Present:

Morgan Gurney
Anna Olson
Joan Goldfarb
O 'Ann Fredstrom
Deidre Ashley
Margret Hochheiser
Nancy Waldron
Lauren Furtney
Lisa Ridgeway, MD
Maggie Lund
Robert McDevitt, MD
Lindsay Long
Connie Kemmerer
Virginia Dean
Jodi Pond
George Hubbard
Larry Van
Gengenderan
Lisa Finklestein
Zach Hall
Donna Coles
Jeff Auge
Jen Simon
Beverly Shore
Danielle Haigh
Jannette Boner
Leanne Dzemske
Lori Fukawa
Gwen Gilday
Peggy Gilday
Aaron Smith
Morgan Daily
Kate Shelby
Sara Kavalero
Philip Ramsey TOPS
Seth Robertson
Thom Kinney
Sue Critzer
Jane Carey
Mike Tennican
Aude Nevius
Richelle Heldwein
Jeff Sollis
John Kren
Max Fairclough
Jen Chiappa
Mary Ponce
Audra Nielson
Anna Olson
Kaufman Hall Reps:
Dr. Pitud Rangsithienchai
Patrick Smyth

Board Advisors Present:

Jane Carey Hopkins

Call to Order

The public board meeting was called to order at 4:11 p.m. MST by Katharine Conover-Keller, Chair.

It was moved by Ms. Conover Keller to call to order the Special Public Meeting of the Board.

It was moved by Ms. Conover Keller, seconded by Evan Jones to call to order the Special Public Session now that a quorum has been established.

Comments from the Chair *(presented by Ms. Katharine Conover-Keller)*

Ms. Katharine Conover-Keller updated the Public that the Board of Trustees called this meeting in order to discuss the St. John's Health Strategic Plan with any and all community members.

Kaufman Hall Presentation *(presented by Dr. Pitud Rangsitienchai and Patrick Smyth)*

Discussion of the Purpose and Intent of the process and of the Strategic plan. The impact of COVID, discussion of inflation, staffing, virtual care, and what the consumer is looking for.

- Impact of free-standing surgery center, imaging center, etc.
- Statistics on skyrocketing Labor and supply costs
- Statistics on shift to outpatient setting.
- Statistics on financial pressures on hospital margins nationally.

Jeff highlighted two things that contribute to SJH's operating loss:

1. Investment in our staff increases labor costs and opens position.
2. Shift in payor mix from commercial insurance to Medicare.

Continued pressure on financial ratings while the credit quality gap continues to widen. Post COVID financial trajectory including the impact of tax revenue was presented. Although there is a positive margin, it is still below benchmark. St. John's does have a strong balance sheet that helps the hospital sustain the ups and downs.

Jeff voiced his gratitude for the community support, and specifically SPET dollars, and the foundation support of SJH.

Graphs showing partnerships and how health systems are looking for partnerships, this has slowed but is starting to rebound. St. John's must consider how we sustain ourselves so that we can stay independent. A list of WY hospitals that have partnered with larger organizations was presented.

Dr. Pitud presented the qualitative data from leadership interviews, including the following:

1. Be the first choice in the region.
2. Maintain high operational excellence in the basics.
3. High quality safe care with focus on prevention
4. Pursue a cautious and disciplined growth strategy.
5. Emphasis community focus care
6. Remain independent.
7. Be a leader in outpatient care.

Opportunities to pursue vision as discussed with Leadership were presented to include:

1. Enhance leadership growth (Jeff emphasized the importance in helping staff to grow)
2. Elevate continuum of care
3. Appropriate expansion
4. Perception of high quality
5. Reduce out-migration.
6. Advance scope for more complex patients
7. Further align physicians and service lines

8. Build on current EMR.

Employee responses include:

Strengths
Friendly caring staff
Compassion
Quality

Challenges:

Housing
Staffing
Cost of living

Opportunities:

Integration
Employee engagement
Goal development

Community survey has been pushed out and individuals can scan the QR code and send responses.

Guiding principles were presented, Evan suggested questions and issues be raised prior to Behavioral Health presentation.

Public Questions:

1. Sue C. Does the OPS at TOPS effect hospital?
2. Philip from TOPS question is OPS volumes based on population graph?
3. What is the different impact specific to Rural health?
4. Has the seasonal shift changed from pre-covid?
5. What do you mean by primary and secondary care?
6. What is EMR?
7. Sue C. How do you see growth in Sublette and other areas? (Don't want to be predatory, how many of our own workforce would want services in Idaho and alpine, also always have main focus on Teton Co WY)
8. The shift of wealthy will change finances (yes, >65 and increased Medicare)
9. What is the impact of largest employer (school) choosing Cigna. (Using BCBS network)
10. Lisa Finklestein-What is the strategy of the hospital for access with digital health and virtual care and how can we bring more of that?
11. Lisa F. Programs for using remote nephrologists to help with dialysis as asked for by Dr Ridgeway.
12. How would Medicaid expansion help BH services?
13. Donna- comments on good healthcare in Jackson, diagnosed husbands' cancer and saved her life when she had a stroke. Moved from West Yellowstone because they turned down a hospital.
14. What is going to happen when Bruce Hayse and Brent Blue keel over/retire? It will leave a big gap!

15. Sue - multiple friends/relative diagnosed with cancer, better care here for friend, but sister had better access to radiation therapy. Sue also had excellent orthopedic care with multiple services.
16. What does a linear accelerator cost? Multimillion dollar cost
17. How much is a dialysis unit?
18. Can we raise funds to bring in psychiatrists?
19. Are there collaborations with Star Valley that we can be doing? Trying to hire a psychiatrist, can we collaborate on recruiting specialists?
20. What's going to happen with the Rehab Center?
21. Dr. Ridgeway expressed concerns about not having dialysis in the valley. Medicaid and Medicare pay well, and we need it here. People have to move out of the community to have access to dialysis.
22. Radiation oncology would be nice to have for the community.

Behavior Health Presentation *(presented by Lindsay Long)*

Ms. Lindsay Long presented the results of a community needs assessment that highlighted mental health as a priority, staff and public surveys have echoed this information which was highlighted by COVID. It was noted that Jackson is located on the suicide belt with Wyoming ranking #1. Lindsay presented an overview of the current services continuum including promotion, prevention, treatment, crisis, and recovery and noted the following mental health services include the following:

- 24/7 crisis line
- Crisis assessment
- Sliding fee schedule
- Teton youth and family services
- Private practice therapy
- SJH providers and counselors
- SJH Integrate behavior services.
- SJH Child and adolescent care
- And many more

Trends:

Teton Behavioral Health Alliance formed in 2021.

25 stakeholders convened to collaborate to find efficient and effective delivery of care.

National Trends - constant increase in BH visits

Local Trends - constant increase in BH visits

SJH Trends - constant increase in BH visits to 159/month

SJH Child Trends - 200-300 visits per month

Gaps:

Cost due to barriers for low income and no insurance.

Limited number of providers accepting public insurance (Medicare/Medicaid and commercial).

(O 'Ann pointed out as a provider it is hard to navigate insurance and many don't take insurance) (they write off 70% for Medicaid patients)

Lack of representation for marginalized communities (Spanish speaking)

Psychiatrist shortage leading to relapse, hospitalization, violence, substance use, homelessness, suicide.

What role is there for SJH moving forward? Is there a sustainable funding model? Jeff presented details on the need for better reimbursement. Even with Dr Westfall performing at the 90th percentile for productivity we still lose \$400,000 per year because of the poor reimbursement. Can we partner with the community foundation? SJH foundation?

Discussion and questions continued after the official adjournment of the Public Meeting as a quorum was no longer established, Dr. Bruce Hayse left the event.

Old Business - None

New Business - None

Public Comment - None

Next Meeting

The next regular monthly meeting is scheduled for Thursday, August 31st, 2023, via Hybrid. The Executive Session begins at 2:30 pm and the monthly Public Session begins at 4:00 pm.

Adjournment

With nothing additional to discuss, Katharine Conover-Keller adjourned the meeting at 5:49 p.m. It was moved by Dr. Pam Cutler, seconded by Dr. Bruce Hayse to adjourn this Public Meeting.

The meeting continued without a quorum for final discussion and questions.

Respectfully submitted,
Morgan Gurney, Senior Executive Assistant

St. John's Health

Community Engagement Session

August 7, 2023



Agenda

- 1 **Introduction (5 minutes)** – *Jeff Sollis*
- 2 **Strategic Planning Overview (30 minutes)** – *Kaufman Hall*
- 3 **Behavioral Health Overview (40+ minutes)** – *Lindsay Long*
- 4 **General Discussion (Time Permitting)** – *All*



Introduction

Jeff Sollis

Strategic Planning Overview

Kaufman Hall

Preliminary Draft

KaufmanHall



St. John's Health
Community Engagement Session

DRAFT

August 7, 2023

Opening Remarks

DRAFT

Introduction

St. John's Health is undertaking a strategic planning process. Its **PURPOSE** is to develop a plan to guide the organization into the future on a path that supports the *delivery of high-quality care* that addresses the community's healthcare needs, is *financially sustainable*, and is aligned with the *evolving healthcare* industry

The **INTENT** of this meeting is to *provide the public insight* into some of the national, regional and local healthcare industry trends that affect or may affect St. John's Health in its mission to address the healthcare needs of the community, and to *hear from the community* regarding priorities

St. John's Health is at the **BEGINNING of the planning process** with much remaining to be done. There will be additional opportunities as the process continues for the public to provide their perspective on St. John's Health's opportunities, challenges, and priorities and learn about the emerging strategic plan

National Trends and Local Performance

DRAFT

A Number of National Healthcare Trends are Impacting Payers and Providers Across The Country

As St. John's defines its near- and long-term strategy and investments, we must do so recognizing the impacts of today's 'externalities':



The unknown post-COVID care and economic environment



Credit Market Volatility and Inflation



Rapidly evolving consumer demand



Unprecedented business technological changes



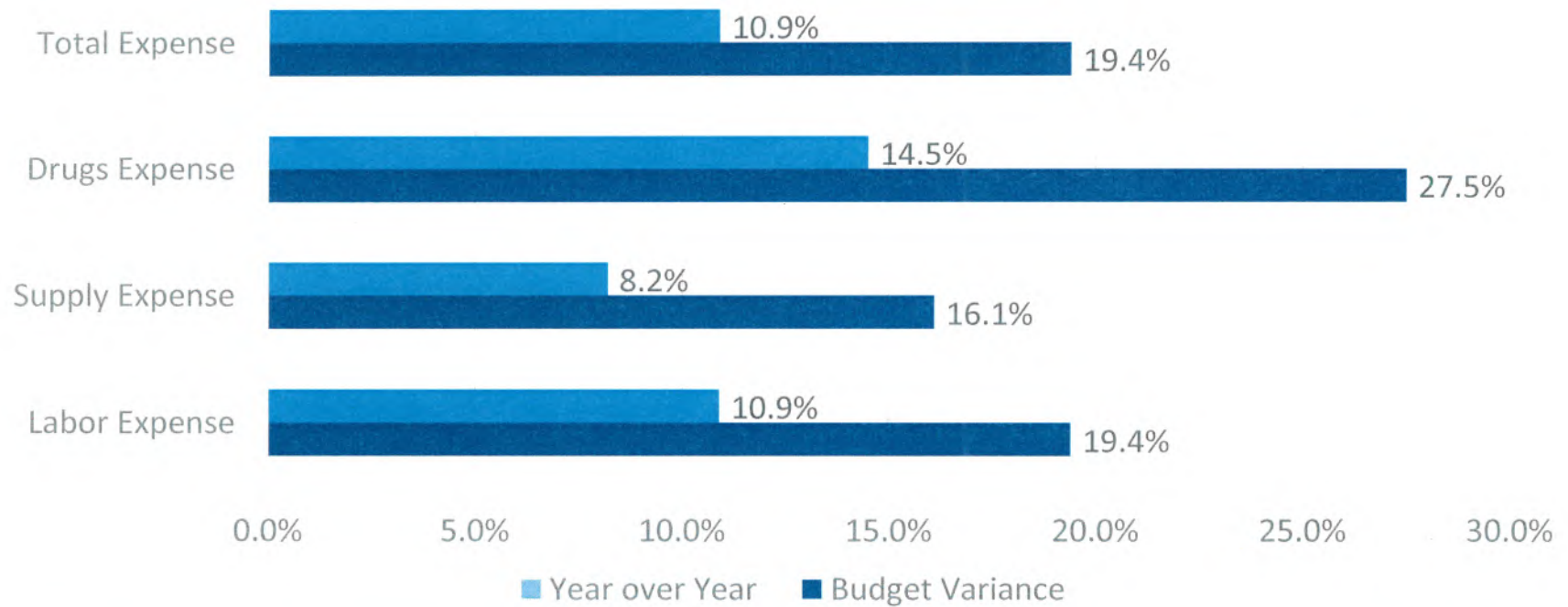
A divisive political/business environment



Disruption of new players in the healthcare space and the great disintermediation

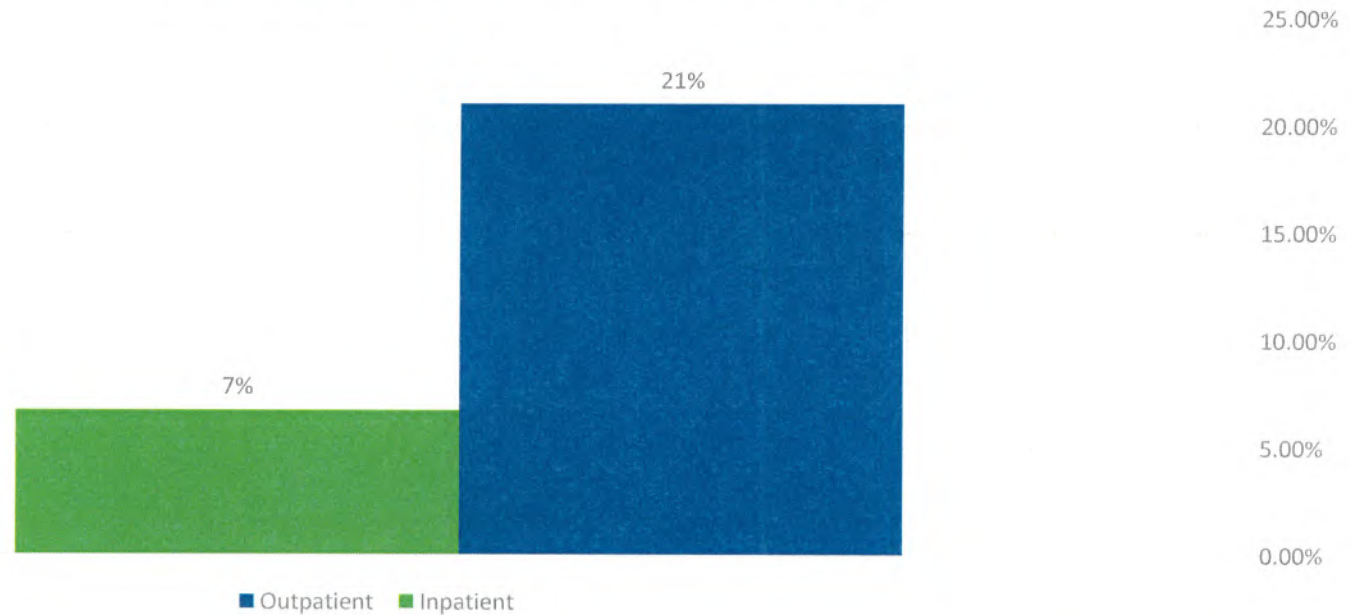
Hospitals Are Experiencing Skyrocketing Labor and Supply Costs

Hospital Expense Pressure
Per Adjusted Discharge



Healthcare Services Are Continuing to Shift to the Outpatient Setting With Future Significant Financial and Operational Implications

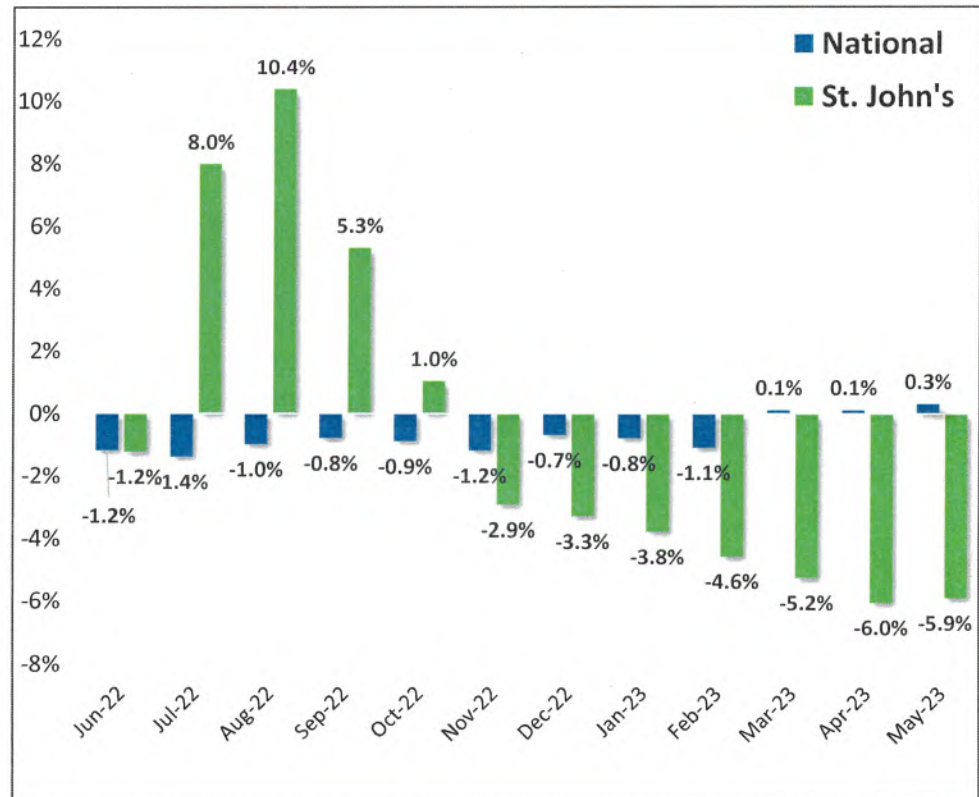
10 Year Expected Growth Rate – Teton County



Hospital's Across The Nation, Including St. John's, Are Still Experiencing Financial Pressure

- Hospitals' operating margins moved back into positive territory in May.**
 However, operating margins continue to stand well below historical norms.
- People are becoming more comfortable with inpatient care.**
 Discharges, emergency department visits and operating room minutes all climbed, although very modestly on a year-to-date basis.
- There is a sizeable and growing gap between primary hospital revenue sources.**
 Revenue from outpatient care is increasing at a much greater rate than revenue from inpatient care.
- Labor expenses are beginning to decline.**
 While labor costs remain significant, expenses in May were well below comparable levels from May 2022.

Kaufman Hall CYTD Operating Margin Index



Note(s): Cumulative YTD Operating Margin Source(s): Kaufman Hall National Hospital Flash Report

Rating Agencies Maintain Negative Outlooks on the Sector

MOODY'S

Outlook: Negative

S&P Global

Outlook: Negative

Fitch Ratings

Outlook: Deteriorating

- **The sector continues to experience severe labor shortages** and will be the largest driver of operating challenges
- **Operating performance will continue to be pressured in 2023**, as expense growth will likely outpace revenue growth; performance will have a longer runway to pre-pandemic margins
- **Revenue gains will be limited** by lingering pandemic strains, inability to meet demand because of labor constraints, deteriorating payer mix and the continued shift of care to low-cost settings
- **Unpredictable volumes** will make budgeting and forecasting increasingly difficult
- **Liquidity will decline** as market turbulence continues, cash flow is weak and capital spending increases following some delay during the pandemic
- **Organizations with strong balance sheets are less likely to experience a negative rating or outlook action**; weaker credits may continue to struggle
- Barring significant regulatory pushback, **M&A activity will continue** as providers seek size and scale to achieve stability and part
- **Partnership opportunities** for efficiencies and strategic investments are likely to evolve
- **Significant shifts in care delivery models are occurring**, with disruptors seeking to gain a speed-to-market advantage
- **The credit quality gap may continue to widen** between stronger and weaker providers
- **Legislative, regulatory and judicial activity will continue to add risk** to the sector including price and drug scrutiny and the end of the Public Health Emergency

Source: Moody's, S&P, and Fitch sector outlook reports; KH Webinars.

St. John's Financial Trajectory Post Covid

RATIO / STATISTIC (\$ million)	St. John's Health (Fiscal Year Ended June 30)						S&P Standalone Hospital Medians ³	
	2019 Audited	2020 Audited	2021 Audited	2022 Audited	2023 Forecasted ¹	2024 Budgeted ²	BBB	A
Net Patient Revenue	\$121.1	\$125.5	\$151.4	\$165.5	\$170.3	\$182.8	\$381.8	\$505.4
Operating EBIDA – Without Tax Levy	\$6.0	\$0.2	\$11.4	\$10.0	\$1.4	\$4.1	--	--
Operating EBIDA – With Tax Levy	\$20.8	\$14.4	\$18.1	\$17.6	\$11.0	\$16.2	--	--
Unrestricted Cash	\$54.3	\$59.6	\$74.5	\$95.0	\$94.8	\$94.2	\$183.4	\$424.6
Total Debt	\$23.9	\$22.7	\$27.3	\$44.1	\$42.3	\$39.3	\$144.7	\$149.8
Profitability								
Operating Margin – Without Tax Levy	(2.1%)	(6.9%)	0.7%	(1.2%)	(5.7%)	(4.3%)	2.5%	3.8%
Operating Margin – With Tax Levy	9.7%	4.0%	5.1%	3.3%	(0.2%)	2.2%		
Op EBIDA Margin – Without Tax Levy	4.8%	0.2%	7.4%	5.9%	0.8%	2.2%		
Op EBIDA Margin – With Tax Levy	16.7%	11.2%	11.7%	10.4%	6.3%	8.7%	9.0%	9.3%
Excess Margin	3.0%	2.7%	8.5%	4.5%	1.7%	4.0%	4.6%	7.2%
Debt Position								
MADS Coverage	4.8x	4.6x	9.0x	5.7x	4.2x	5.7x	3.7x	5.5x
Long-Term Debt to Capitalization	24.5%	24.7%	23.9%	29.2%	27.8%	24.5%	35.3%	23.7%
Long-Term Debt to Cash Flow	2.1x	1.9x	1.1x	2.3x	3.1x	2.0x	--	--
Liquidity								
Cash to Long-Term Debt	227.6%	262.3%	272.8%	215.5%	224.3%	239.8%	148.1%	243.2%
Days Cash on Hand (days)	165	168	189	217	199	187	186	309

Sources: St. John's audited financial statements for FY2020, FY2021 and FY2022. FY2023 financial data is based on internal financials provided by management team.

Note: Net Revenue Available for Debt Service, Cash Flow, Operating Margins and Operating EBIDA margins exclude benefit of Property Tax Revenue and SPET payments.

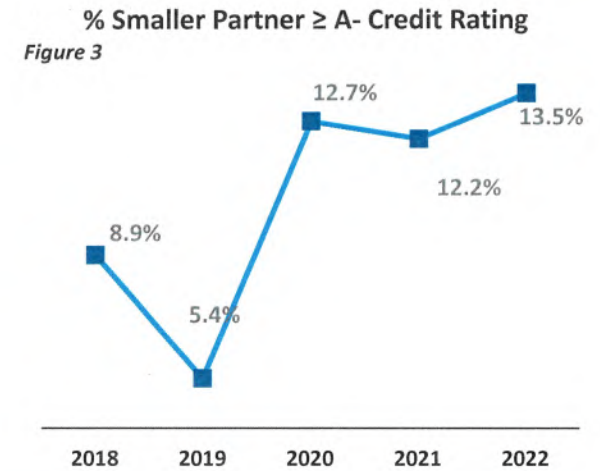
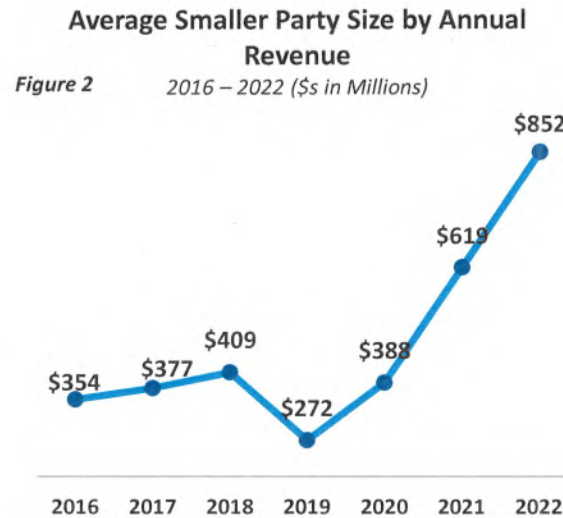
1) FY23 P&L and YTD May FY23 balance sheet provided by client. June 2023 cash flows estimated.

2) FY24 operating budget and cash flow projections provided by management team. S&P Standalone Hospital blended medians per 2021 report utilized.

KEY OBSERVATIONS

- Strong net patient revenue growth of 8.6% CAGR (FY19-FY24).
- Historically, St. John's Health has not achieved breakeven operating margins excluding Tax Levy except for FY21
- Operating performance is expected to improve in FY24 with Operating EBIDA margins incl tax levy budgeted at 8.7%
- Strong balance sheet position driven by low leverage and healthy liquidity levels.
- Liquidity position over the last 2 years has been strong at ~200 days cash, however due to capital spending exceeding cash flow it is expected to decline to 187 days in FY24
- Over the planning horizon, a return to historical operating performance level will enable St. John's to generate incremental debt capacity to support strategic investments or other capital projects

While Down From Their Peak, Partnerships Remain a Strategy Some Hospitals Pursue to Address Challenges



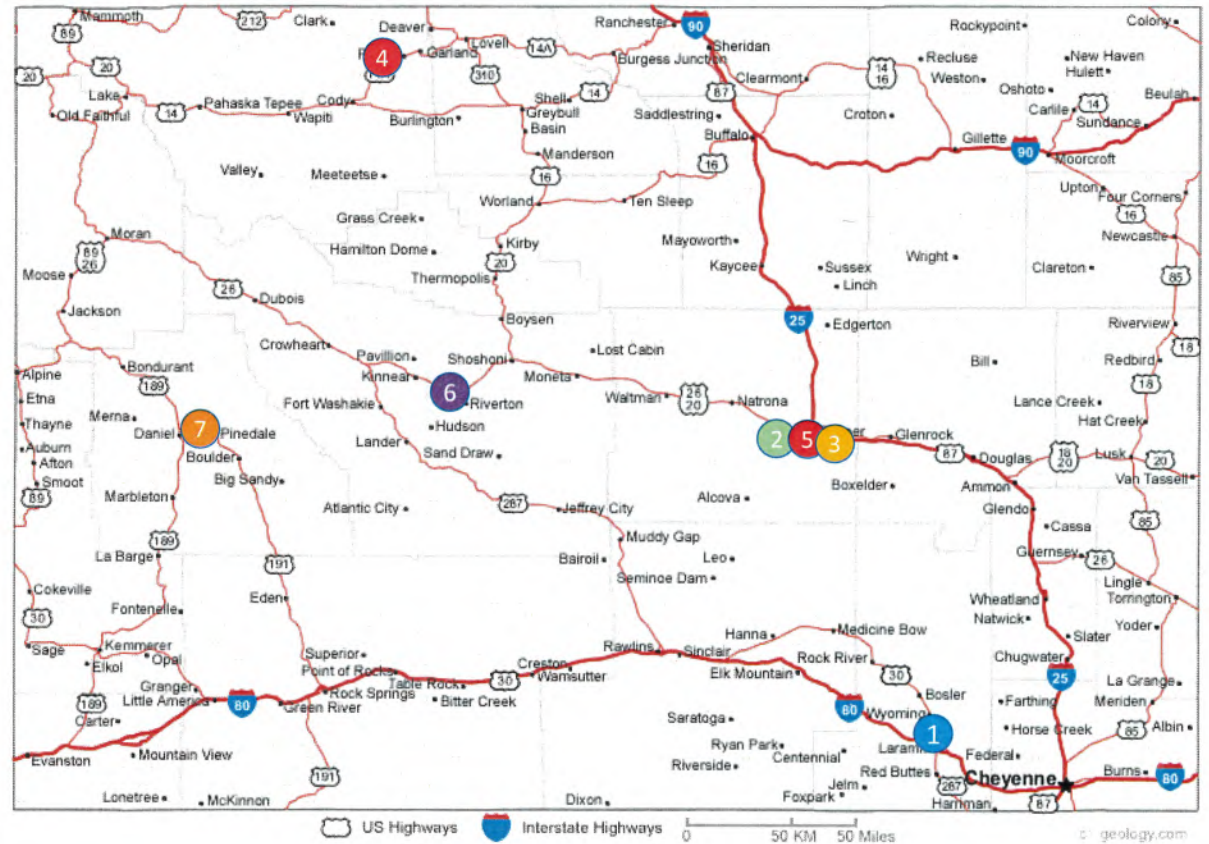
OBSERVATIONS

- The 53 total announced transactions for 2022 moved up from 2021's recent historic low of 49 announced transactions. Transactions through the second quarter suggest another year of growth by year end (**Figure 1**).
- The high percentage of mega mergers and other significant transactions over the course of 2022 resulted in an historically high average smaller party size by annual revenue of \$852 million (**Figure 2**), more than \$200 million higher than last year's historic high of \$619 million.
- ~85% to 95% of all acquired hospitals had a credit rating below A- (**Figure 3**). Financial performance is a significant factor in hospitals receptivity to being acquired.

Source: Kaufman Hall Proprietary Transaction Database

Wyoming Has Its Share of Partnership Activity

2013	2019
<p>1 Ivinson Memorial Hospital has entered into a management services agreement with University of Colorado Health (January 2013)</p>	<p>3 New Manna Augusta has acquired Summit Medical Center (March 2019)</p>
2018	2020
<p>2 Wyoming Medical Center has acquired Mountain View Regional Hospital from Surgery Partners, Inc. (April 2018)</p>	<p>4 Powell Valley Healthcare has entered into a management services agreement with Billings Clinic Health System (June 2020)</p>
	<p>5 Banner Health has acquired Wyoming Medical Center (October 2020)</p>
	2021
	<p>6 Billings Clinic announces a management services agreement with Riverton Medical District (May 2021)</p>
	2023
	<p>7 Sublette County hospital district has entered into a management services agreement with Star Valley Health (May 2023)</p>



Note: Dates correspond to close date if available

Strategic Discussion

DRAFT

Hospital Leadership Has Holistic Strategic Vision For the Future



Strategic Vision

- Be the **first choice for primary and secondary care** in the region, with easy and appropriate access
- Ensure St. John's maintains **high operational excellence**, and does "the basics" well
- Provide **high quality, safe, holistic care in an ethical manner**, with a focus on prevention
- Pursue a **cautious and disciplined growth strategy**
- Emphasize a **community-focused, patient-centered experience**
- Remain **independent and financially sustainable** to best serve our community
- Be a **leader in the outpatient care setting** in the region

Hospital leadership and other stakeholders were interviewed to gain their perspective on the future

Hospital Leadership Perceives Many Opportunities to Pursue its Vision



- **Enhancing leadership development and succession** - Professional development / leadership training has lagged Post-COVID
- **Elevating St. John's continuum of care** from inpatient to outpatient to virtual care
- **Appropriate expansion of housing developments** for immediate hospital staff
- **Perception of high-quality care** drives high quality scores and positive community perception of care
- **Reduce outmigration** by providing appropriate services for residents
- **Advance scope of care** for more clinically complex patients
- **Further align physicians and service lines** to drive and enhance productivity
- **Build upon current EMR capabilities** to keep up with evolving state of the industry

Hospital leadership and other stakeholders were interviewed to gain their perspective on the future

St. John's Health Has Sought Employee Insights

Kaufman Hall engaged internal audiences at St. John's with high-level strategic questions for potential insights around St. John's future

Survey was sent to key stakeholders via website link, with **239 total responses received**

Survey Questions:

1. What Do You See As The Key Healthcare Market Gaps And Community Needs?
2. What Do Patients/Potential Patients View As St. John's Greatest Strengths?
3. What Do You Think Are The Greatest Challenges Facing St. John's?
4. What Are The Opportunities For St. John's To Become Even Stronger?

2. What Do Patients View As St. John's Greatest Strengths?

Key Themes

- A friendly and caring staff known for their compassionate and personalized care
- Proximity to the primary community and well-maintained access to care, including a “personal touch” to care
- Strong performance in orthopedics, OB / Gyn, oncology, radiology services, and emergency care services



3. What Do You Think Are The Greatest Challenges Facing St. John's?

Key Themes

- Retaining staff amidst increases in the cost of living; employees continue to move to afford housing
- Long-term sustainability of quality providers and staff
- Remote geography makes it difficult to expand presence in rural counties
- Better EHR/EMR functionality and training



A Set of Guiding Principles Have Emerged From the Planning Process

Guiding Principles

- Engages the community, workforce, and medical staff
- Advances partnership with the Foundation
- Ensures cultural compatibility
- Recognizes the value of independent governance & management
- Advances the vision of St. John's as the first choice for primary and secondary care in the wider region
- Supports a commitment to clinical quality and patient experience
- Supports a commitment to financial sustainability

Recap

St. John's Health is undertaking a strategic planning process. Its **PURPOSE** is to develop a plan to guide the organization into the future on a path that supports the *delivery of high-quality care* that addresses the community's healthcare needs, is *financially sustainable*, and is aligned with the *evolving healthcare* industry

The **INTENT** of this meeting is to *provide the public insight* into some of the national, regional and local healthcare industry trends that affect or may affect St. John's Health in its mission to address the healthcare needs of the community, and to *hear from the community* regarding priorities

St. John's Health is at the **BEGINNING of the planning process** with much remaining to be done. There will be additional opportunities as the process continues for the public to provide their perspective on St. John's Health's opportunities, challenges, and priorities and learn about the emerging strategic plan

KEY TAKEAWAY – St. John's Health faces many of the same financial and operational headwinds that hospitals across the country are experiencing. St. John's has made progress, assisted by the insights provided by stakeholders, in shaping its strategic vision for the future and creating the strategic roadmap to achieve it.

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Behavioral Health Overview

Lindsay Long, MSW, LCSW

Outpatient Behavioral Health Manager
Mental Health Resource Coordinator

Agenda

- Why mental health?
- Overview of Behavioral Health services in Jackson
- Trends
- Where are the gaps?
- Where does SJH play a role in Behavioral Health?



Why are we talking mental health?



- Community needs assessment
- Mental Health Ranked # 1 2018 & 2021
- Pandemic
- Suicide Belt
- SJH engagement survey
- Strategic Plan – leader and staff survey responses
- Staff surveys
- Community





Community Mental Health Services
Teton County

Community map of mental health services

DRAFT

Behavioral Health Continuum of Care Map

Promotion	Prevention	Treatment		Crisis	Recovery
	TIPS (Teton Interagency Peer Support)				
	Teton County School District				
	Community Entry Services				Community Entry Services
Teton Literacy Center	Mental Health and Recovery Services of Jackson Hole				Mental Health and Recovery Services of Jackson Hole
Children's Learning Center	Teton Youth and Family Services				Peer Groups (AA)
Teton County Parks & Recreation	Community Safety Network				
	St. John's Health			EIRMC Behavioral Health Center (Idaho Falls)	
Teton County Health Department	Teton County Health Department	Primary Care (e.g. pediatricians, family practice, OBGYNs)	Private Providers (e.g. JH Family Solutions, Teton Behavioral Therapy, Vista Counseling)	Wyoming State Hospital (Evanston)	
GAPI	One22 Resource Center			Law Enforcement (Police, Sheriff)	Wyoming Behavioral Institute (Casper)
Astoria Park Conservancy	Climb Wyoming			Jackson Hole Court System	Wyoming Boys and Girls Schools (Worland, Sheridan)
Voices JH	Voices JH				
Becoming Jackson Whole	Senior Center of Jackson Hole				



Mental Health & Recovery Services of JH

MISSION

To deliver compassionate, and affordable mental health and substance use services that support the strength and resilience of our diverse and growing community.

- Mental health treatment
- Medication management
- Substance Use treatment
- Sliding Fee
- Crisis Walk-In services
- 24/7 Crisis Line 307-733-2046
- Crisis Assessment



mental health
& recovery services
of jackson hole



Teton Youth and Family Services

MISSION

To help children and families find their way to fulfilling and constructive lives.

- **Hirschfield Center**
 - Court diversion program
 - Youth and Family Counseling
 - Forensic Interviewing
- **Van Vleck House**
 - Crisis Shelter
 - Group Home
 - Leadership Program
- **Red Top Meadows**
 - Residential Treatment Program
 - Therapeutic Wilderness Experiences



Private Practice Therapists



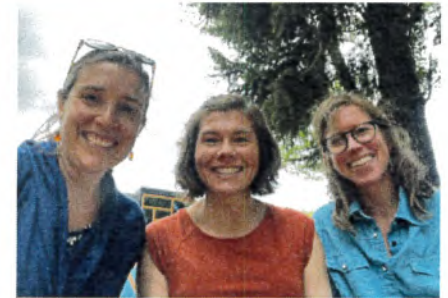
Jackson Hole Mental Health



St. John's Health Behavioral Health

- **Integrated Behavioral Health Department**

- Mental Health Treatment
- Integrated into the outpatient clinic
- Crisis safety planning



Lindsay Long, LCSW
Nancy Waldrop, LPC
Lauren Furtney, LCSW

- **Child and Adolescent Psychiatry Department**

- Telemedicine & In-person
- Medication Management



Dr. Nils Westfall, MD,
Psychiatrist





Teton Behavioral Health Alliance



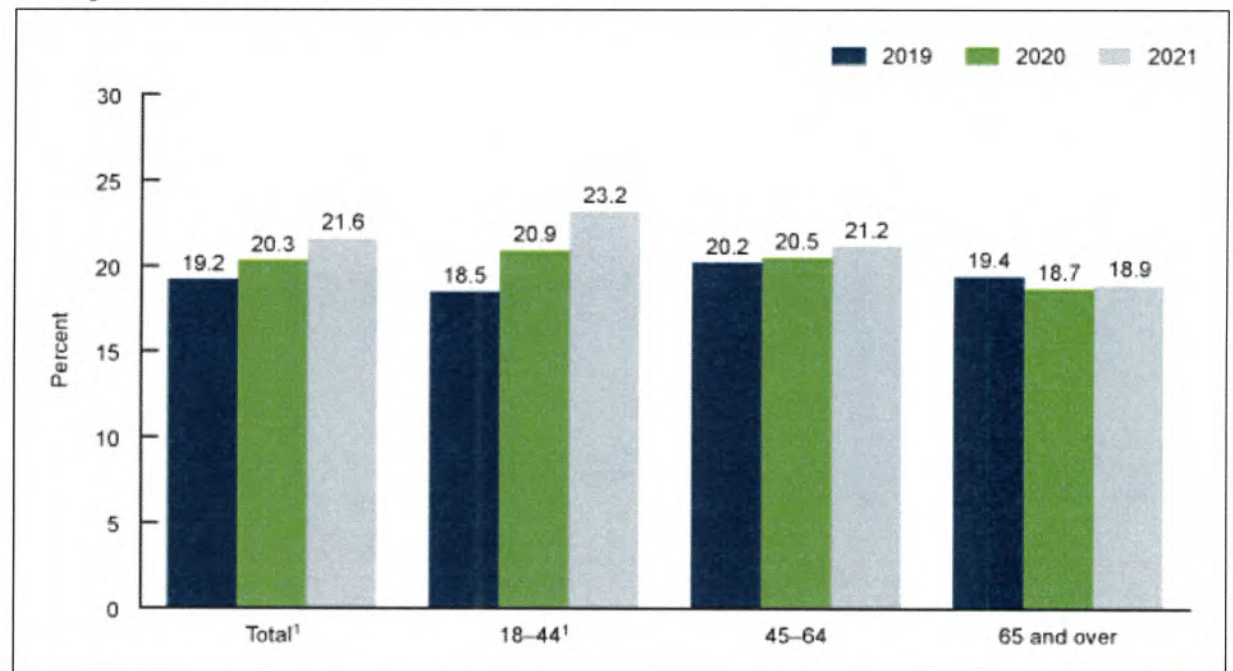
Community Foundation
OF JACKSON HOLE

Community wide collaboration to improve
Behavioral Health on a systematic level in
Teton County

National Data Trends

Center for the Disease Control and Prevention (CDC) Mental Health Treatment Among Adults Aged 18–44: United States, 2019–2021

Figure 1. Percentage of adults aged 18 and over who had received any treatment for their mental health in the past 12 months, by age group and year: United States, 2019–2021



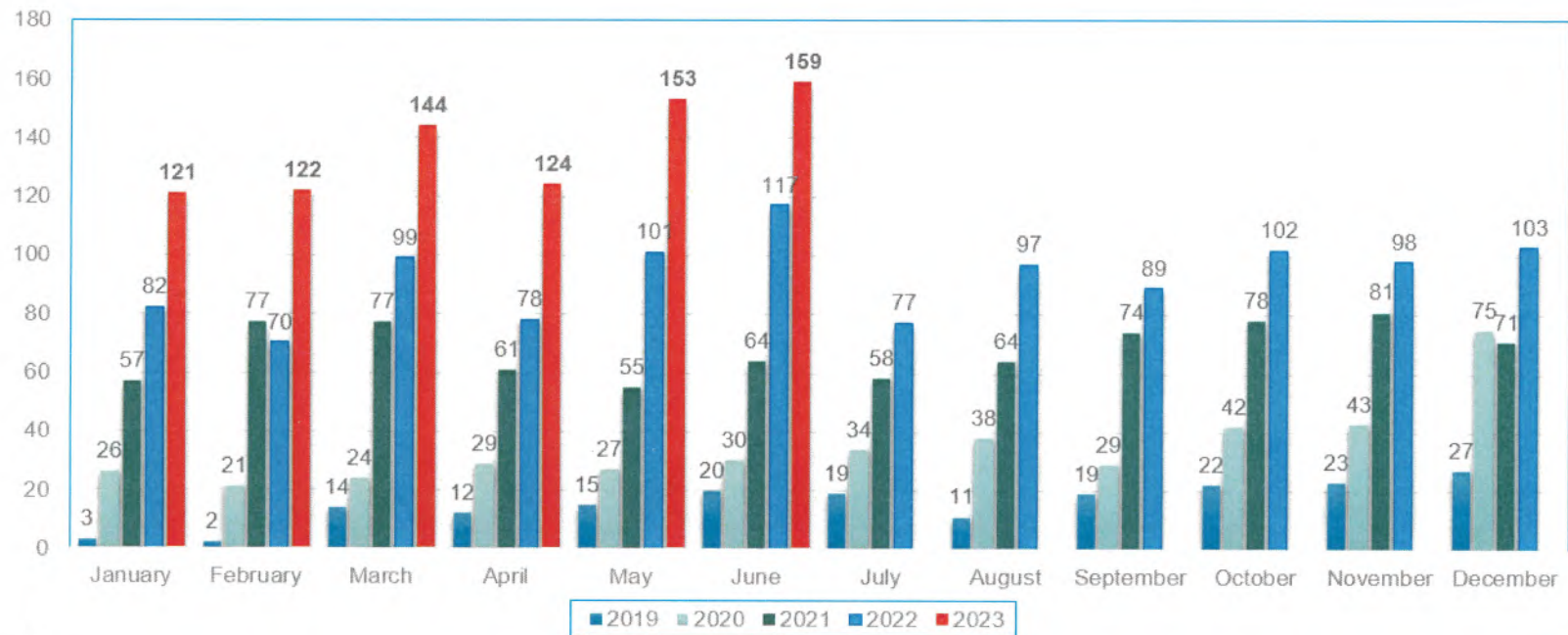
Katz Amsterdam Foundation Data

% of needed mental health treatment or counseling for themselves in the past 12 months



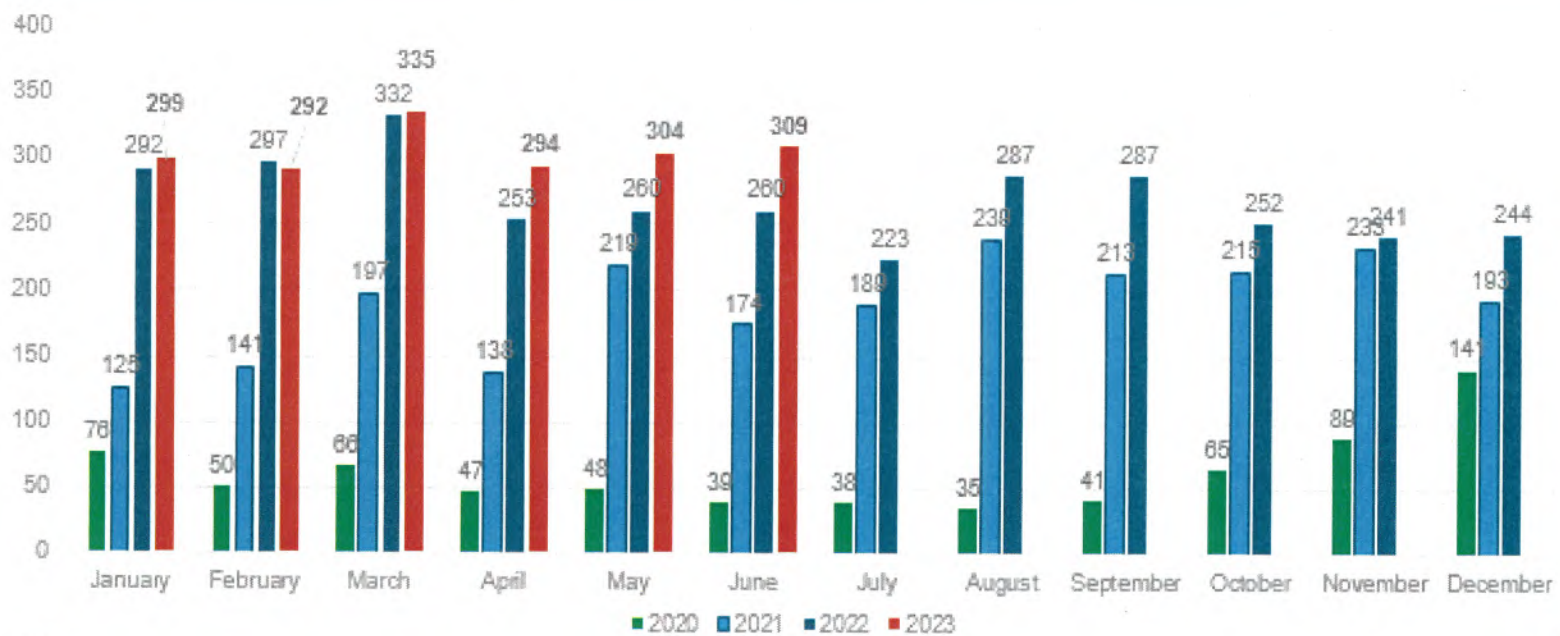
Local Data Trends at SJH

Integrated Behavioral Health Department



Local Data Trends Continued

Child and Adolescent Psychiatry 2020-2023



What gaps exist?

- The Behavioral Health Needs Assessment 2021 identified a variety of gaps:
 - The **cost** of behavioral health treatment is the most significant barrier to access.
 - Cost is a more significant barrier for those who lack insurance coverage, **particularly people with low incomes and Latine people**. Additionally, people with insurance often still cannot afford care.
 - One challenge is the limited number of providers that **accept public insurance**.
 - The behavioral health system is **challenging to navigate**.
 - A **lack of representation** in the provider community can pose further challenges for **marginalized communities seeking care**.



Psychiatrist Shortage

- Lack of Psychiatrist National wide
- Shortage in Jackson
- Retiring Psychiatrists
- Insurances

Impacts of lack of psych provider

- Relapse of symptoms (anxiety, depression, schizophrenia, eating disorders)
- Hospitalization
- Homelessness
- Episodes of violence
- Substance Use
- Loss of productivity at work/school
- Suicide



How do we want to address behavioral health as a community?



- What is the next step for SJH in this area?
- What is SJH's responsibility?
- What is the community's responsibility?
- How do we create a sustainable funding model?



General Discussion

Discussion Questions

- I. What medical services are a priority for you and your family?
- II. Are there additional services St. John's Health could offer that would reduce your need to travel for medical care?
- III. What obstacles do you face in receiving care at St. John's Health?
- IV. What do you view as St. John's Health's greatest strengths?
- V. What are the opportunities for St. John's Health to continue to improve?





Thank You